

#DRYMESTER

HELPING PARENTS-TO-BE GO ALCOHOL FREE



FASD THE FACTS

GO
ALCOHOL
FREE
NO RISK
OF FASD



FASD CAUSES LIFELONG DISABILITIES

FASD stands for **Foetal Alcohol Spectrum Disorder**, an umbrella term used to describe the range of lifelong disabilities that can occur as a result of drinking alcohol during pregnancy.

FASD CONSISTS OF

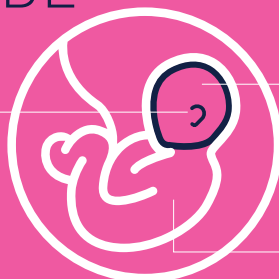
- 1 FOETAL ALCOHOL SYNDROME (FAS)**
- 2 PARTIAL FOETAL ALCOHOL SYNDROME**
- 3 ALCOHOL-RELATED BIRTH DEFECTS**
- 4 ALCOHOL-RELATED NEURO-DEVELOPMENT DISORDER**

**UK Chief
Medical Officers**

If you're pregnant or planning to become pregnant, the safest approach is **not to drink alcohol at all** to keep risks to your baby to a minimum.

SYMPTOMS INCLUDE

Facial
distinctions
– low set ears

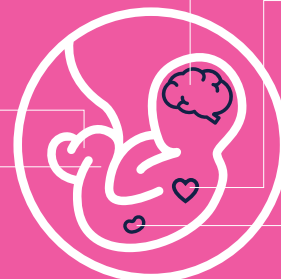


Small head
circumference

Below
average height
and weight

Limb
damage

Bone
formation
defects



Brain damage

Heart defects

Kidney damage

Poor impulse control

Problems with time,
money or maths

Learning
difficulties

Problems in social
understanding

Problems in
memory, attention
or judgement

Problems
receiving and
processing
language



Smooth ridge
between the
upper lip
and nose

Small and
wide-set eyes

Thin upper lip



FASD IS PREVENTABLE

GMCA GREATER
MANCHESTER
COMBINED
AUTHORITY



in Greater Manchester

