

#DRYMESTER

HELPING PARENTS-TO-BE GO ALCOHOL FREE



TRUE OR FALSE?

Answer these questions and find out how many of these pregnancy-related facts you know.

QUESTION	TRUE	FALSE
A newborn has no tastebuds when they are born.		
It is safe to have one glass of alcohol a week when you're pregnant.		
All babies are born with blue eyes.		
Babies have nearly 100 more bones than adults.		
The inner ear is the only sense organ that is not fully developed at birth.		
Babies are born with no knee caps.		
The longest pregnancy recorded was 375 days.		
Pregnant and new mothers can start to lactate when they hear a baby cry.		
Pregnant women shouldn't exercise.		
Since a pregnant woman is eating for two, she needs an additional 1,000 calories per day.		
You can be in labour even if your waters haven't broken.		
Eating spicy food in the third trimester will encourage labour.		
Babies cry in the womb.		



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TRUE OR FALSE? ANSWER SHEET

QUESTION	TRUE	FALSE
A newborn has no tastebuds when they are born.		✓
It is safe to have one glass of alcohol a week when you're pregnant.		✓
All babies are born with blue eyes.	✓	
Babies have nearly 100 more bones than adults.	✓	
The inner ear is the only sense organ that is not fully developed at birth.	✓	
Babies are born with no knee caps.	✓	
The longest pregnancy recorded was 375 days.	✓	
Pregnant and new mothers can start to lactate when they hear a baby cry.	✓	
Pregnant women shouldn't exercise.		✓
Since a pregnant woman is eating for two, she needs an additional 1,000 calories per day.		✓
You can be in labour even if your waters haven't broken.	✓	
Eating spicy food in the third trimester will encourage labour.		✓
Babies cry in the womb.	✓	

