

#DRYMESTER

HELPING PARENTS-TO-BE GO ALCOHOL FREE



FASD

THE FACTS

GO
ALCOHOL
FREE
NO RISK
OF FASD



FASD CAUSES LIFELONG DISABILITIES

FASD stands for Foetal Alcohol Spectrum Disorder, an umbrella term used to describe the range of lifelong disabilities that can occur as a result of drinking alcohol during pregnancy.

FASD CONSISTS OF

- 1 FOETAL ALCOHOL SYNDROME (FAS)
- 2 PARTIAL FOETAL ALCOHOL SYNDROME
- 3 ALCOHOL-RELATED BIRTH DEFECTS
- 4 ALCOHOL-RELATED NEURO-DEVELOPMENT DISORDER

If you're pregnant or planning to become pregnant, the safest approach is **not to drink alcohol at all** to keep risks to your baby to a minimum.

UK Chief Medical Officers

GMCA GREATER
MANCHESTER
COMBINED
AUTHORITY

NHS
in Greater Manchester



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FASD THE FACTS

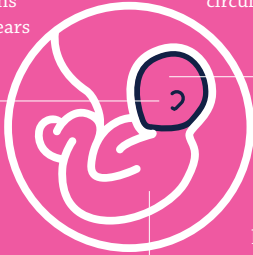
GO
ALCOHOL
FREE
NO RISK
OF FASD



SYMPTOMS INCLUDE

Facial
distinctions
– low set ears

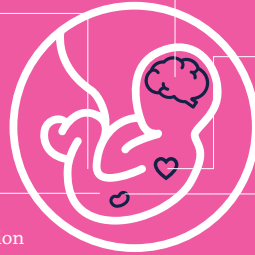
Small head
circumference



Below
average
height and
weight

Limb
damage

Brain damage



Heart
defects

Bone
formation
defects

Kidney
damage

Learning
difficulties

Problems in social
understanding

Poor impulse control

Problems in
memory, attention
or judgement

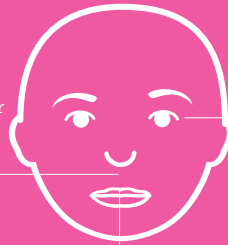
Problems with
time, money or
maths

Problems
receiving and
processing
language



Smooth
ridge
between
the upper
lip and
nose

Small and
wide-set eyes



Thin upper lip

FASD IS PREVENTABLE

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