

#DRYMESTER

HELPING PARENTS-TO-BE GO ALCOHOL FREE



Mocktails VIRGIN MOJITO



WHAT YOU'LL NEED

- 8-10 fresh mint leaves
- 1 lime (cut into wedges)
- 1 teaspoon sugar
- Club soda/carbonated water
- Ice cubes

METHOD

- 1.** In a glass, muddle the mint leaves and lime wedges with sugar.
- 2.** Fill the glass with ice cubes.
- 3.** Top off with club soda/carbonated water.
- 4.** Stir well and garnish with a mint sprig.

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Mocktails FRUIT PUNCH



WHAT YOU'LL NEED

- 1 cup orange juice
- 1/2 cup pineapple juice
- 1/2 cup cranberry juice
- 1 tablespoon lemon juice
- Sliced fruits (oranges, strawberries, etc.)
- Ice cubes

METHOD

- 1.** Mix all the juices in a pitcher.
- 2.** Add in the sliced fruits.
- 3.** Fill glasses with ice cubes and pour the fruit punch over the ice.
- 4.** Stir gently and serve.

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Mocktails VIRGIN PIÑA COLADA



WHAT YOU'LL NEED

- The juice from one tin of pineapples
- 1/2 cup coconut milk
- 1/2 cup coconut cream
- 2 tablespoons crushed tinned pineapples
- Pineapple chunks and cherries for garnish
- Ice cubes

METHOD

1. Blend the pineapple juice, coconut milk, and coconut cream with crushed pineapple and ice until smooth.
2. Pour into glasses and garnish with pineapple slices and cherries.

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Mocktails BERRY SPARKLER



WHAT YOU'LL NEED

- 1/2 cup mixed berries (strawberries, blueberries, raspberries)
- 1 tablespoon lemon juice
- 1 tablespoon honey
- Sparkling water
- Ice cubes

METHOD

- 1.** In a glass, muddle the mixed berries with lemon juice and honey.
- 2.** Fill the glass with ice cubes.
- 3.** Top with sparkling water and stir gently.
- 4.** Optionally, add a few whole berries for garnish.

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Mocktails

MOCKTAIL MARGARITA

WHAT YOU'LL NEED

- 1/2 cup lime juice
- 1/4 cup orange juice
- 2 tablespoons agave syrup (or honey)
- A light coating of salt around half the glass rim
- Lime wedge
- Ice cubes

METHOD

- 1.** Rim the glass with salt by running a lime wedge along half the rim and dip lightly in salt.
- 2.** Fill the glass with ice cubes.
- 3.** Mix lime juice, orange juice, and agave syrup, then pour into the glass.
- 4.** Garnish with a lime wedge.