

# #DRYMESTER

HELPING PARENTS-TO-BE GO ALCOHOL FREE



## Mocktails

# VIRGIN MOJITO



### WHAT YOU'LL NEED

- 8-10 fresh mint leaves
- 1 lime (cut into wedges)
- 1 teaspoon sugar
- Club soda/carbonated water
- Ice cubes

### METHOD

- 1.** In a glass, muddle the mint leaves and lime wedges with sugar.
- 2.** Fill the glass with ice cubes.
- 3.** Top off with club soda/carbonated water.
- 4.** Stir well and garnish with a mint sprig.

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## Mocktails FRUIT PUNCH



### WHAT YOU'LL NEED

- 1 cup orange juice
- 1/2 cup pineapple juice
- 1/2 cup cranberry juice
- 1 tablespoon lemon juice
- Sliced fruits (oranges, strawberries, etc.)
- Ice cubes

### METHOD

- 1.** Mix all the juices in a pitcher.
- 2.** Add in the sliced fruits.
- 3.** Fill glasses with ice cubes and pour the fruit punch over the ice.
- 4.** Stir gently and serve.

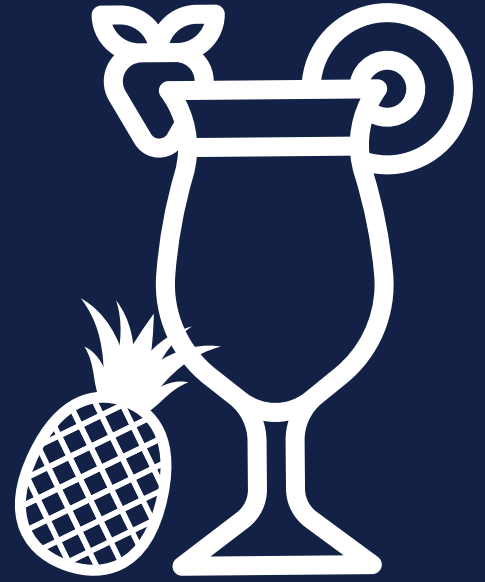
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## Mocktails

# VIRGIN PIÑA COLADA



### WHAT YOU'LL NEED

- The juice from one tin of pineapples
- 1/2 cup coconut milk
- 1/2 cup coconut cream
- 2 tablespoons crushed tinned pineapples
- Pineapple chunks and cherries for garnish
- Ice cubes

### METHOD

- 1.** Blend the pineapple juice, coconut milk, and coconut cream with crushed pineapple and ice until smooth.
- 2.** Pour into glasses and garnish with pineapple slices and cherries.

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## Mocktails BERRY SPARKLER



### WHAT YOU'LL NEED

- 1/2 cup mixed berries (strawberries, blueberries, raspberries)
- 1 tablespoon lemon juice
- 1 tablespoon honey
- Sparkling water
- Ice cubes

### METHOD

- 1.** In a glass, muddle the mixed berries with lemon juice and honey.
- 2.** Fill the glass with ice cubes.
- 3.** Top with sparkling water and stir gently.
- 4.** Optionally, add a few whole berries for garnish.

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## Mocktails

# MOCKTAIL MARGARITA

### WHAT YOU'LL NEED

- 1/2 cup lime juice
- 1/4 cup orange juice
- 2 tablespoons agave syrup (or honey)
- A light coating of salt around half the glass rim
- Lime wedge
- Ice cubes

### METHOD

- 1.** Rim the glass with salt by running a lime wedge along half the rim and dip lightly in salt.
- 2.** Fill the glass with ice cubes.
- 3.** Mix lime juice, orange juice, and agave syrup, then pour into the glass.
- 4.** Garnish with a lime wedge.